

How to Enjoy Scotland's Outdoors



On and by the water

Sharing a path. Let people know you are coming so you do not alarm them. You might need to slow down, stop or stand aside to allow others to pass. Try to call out a friendly warning if you approach a horse and rider from behind.

Camping out. Leave no trace of your campsite. If public toilets aren't available, carry a trowel and bury your own waste and urinate well away from open water, rivers and burns.

Going paddling. Keep an eye out for anglers. If you see someone fishing, think about how you can best pass them with the least disturbance.

In the woods

Fire warning. Never light fires during dry periods in woodlands or on peaty ground. Never cut down or damage trees. Use a stove carefully and leave no trace of any camp fire.

In the woods. Keep away from log piles and machinery. Pay attention to signs and follow any advice from the forester or land manager.



On the farm



Farmyards. Access rights do not usually apply to farmyards. However, if a right of way or core path goes through a farmyard, you can follow this at any time.

Gates. Use a gate or stile where one has been provided. Do not climb over walls or hedges unless there is no alternative. Leave gates as you find them – even if they are open. If you need to climb a gate, climb it at the hinge end.

Fields of farm animals or growing crops. Keep to unsown ground, field edges or paths. Do not take your dog into fields containing growing crops, calves, lambs, or other young animals. Never let your dog worry or attack farm animals.

Safety around cattle. Keep a safe distance from cattle. If they act aggressively, take the shortest safest route out of the field. If you have a dog with you, let go of its lead and let it find its own way to safety.

On the hill

Heading for the hills. Most red stag stalking takes place between July and October, although this does vary. Follow all advice from the land manager or visit **outdooraccess-scotland.com** for advice on where deer management, stalking and shooting may be taking place.

Ground nesting birds. Reduce the chance of your dog disturbing birds during the nesting season (usually from April to July) by keeping your dog on a short lead or under close control in areas such as moorland, loch and sea shores, woods and grasslands.

